



TAKING ACTION ON CHILDHOOD OBESITY

8.45am – 5.00 pm, Thursday 11 November 2010
Sir William Whitla Hall, Queen's University Belfast



This multi-disciplinary conference is jointly hosted by the **School of Nursing and Midwifery** at Queen's University Belfast and **Improving Children's Lives**: an interdisciplinary research initiative based at Queen's University Belfast.

The purpose of this one day conference is to explore the issue of childhood obesity from multiple perspectives and to assimilate the best available evidence from research and practice to tackle this major public health concern.

The overall theme for the conference is **Taking Action on Childhood Obesity**, with a focus on innovative interventions that could be used to tackle the issue and improve children's lives.

The conference will be of interest to practitioners, scholars, researchers and policy makers whose work focuses on improving the health of children and tackling obesity in childhood.

It is envisaged that participants will pool their experiences and insights together to stimulate discussion on innovative approaches and strategies, which seek to help change negative behaviours and cultures that impact on obesity.



An Interdisciplinary Research Initiative
at Queen's University Belfast



Programme of Events

8:45 – 9:15	Tea/Coffee and registration on arrival
9:15 – 9:45	Chairperson’s opening remarks Professor Linda Johnston Head of School, School of Nursing & Midwifery Professor Paul Connolly Chair, Improving Children’s Lives Director, Centre for Effective Education, School of Education Dr Carolyn Harper Executive Medical Director / Director of Public Health for the Public Health Agency
9:45 – 10:15	Professor Peter Bundred – “Early Life Nutrition and the Development of Childhood Obesity” MBBS MD (London) DCH (South Africa) DCM (Cape Town) Expert Committee, Advice, Ministry of Health, Ontario, Canada Fellow of the Institute of Learning and Teaching Fellow of the Higher Education Academy
10:15 – 10:45	Dr Laura Stewart – “Just Eat Less” RD R Nutr Consultant Trainer and Director, Children's Weight Clinic
10:45 – 11:15	Tea/Coffee and poster and exhibition viewing
11:15 – 12:45	Parallel sessions
12:45 – 1:45	Lunch and poster and exhibition viewing
1:45 – 3:00	Parallel sessions
3:00 – 3:30	Professor Paul Gately – “Tackling Childhood Obesity: Direction Determines Destination” PhD (Sports Science and Human Nutrition) Professor of Exercise and Obesity and Technical Director of Carnegie Weight Management,
3:30 – 4:00	Tea/coffee and poster and exhibition viewing
4:00 – 4:30	Dr Laura McGowan – “What has Psychology Brought to the Issue of Childhood Obesity?” BSc PhD (Chartered Psychologist) Research Associate, UCL Epidemiology & Public Health

Registration: The conference fee of £60 includes a delegate pack, lunch and refreshments throughout the day. To register, please visit www.qub.ac.uk/sites/childhoodobesityconference.